

GLOBAL ADVENTURE WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	<p>MEXICAN Mexican Chicken 93156759</p> <p>Rice * 93156761</p> <p>Green Beans 93153275</p>	<p>BRITISH Chicken & Mushroom Pie 93042708</p> <p>New Potatoes 93162617</p> <p>Roasted Vegetables 93042664</p>	<p>BRITISH Roast Turkey 93108713</p> <p>Roast Potatoes (oil) 93035127</p> <p>Broccoli 93143358</p> <p>Carrots 93065561</p> <p>Gravy 93034775</p>	<p>BRITISH Cottage Pie 93098950</p> <p>Green Beans 93153275</p> <p>Seasonal Cabbage 93143359</p>	<p>BRITISH Home-made Battered Fish Fillet 93105116</p> <p>Chips (oil) 93124814</p> <p>Baked Beans 93036011 OR Peas 93065563</p>
HIGH STREET FAVES	<p>DEEP SOUTH DINER Bacon Mac n Cheese 93160004</p>	<p>WINGS & THINGS Lemon Piri Chicken Pitta 93156785</p>		<p>WINGS & THINGS Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941</p>	
	<p>Cajun Bean and Feta Burger 93159953</p>	<p>Cheese, Leek & Potato Pie 93161327</p>	<p>Sweet Potato & Squash Stew 93101314</p>	<p>Country Vegetable Pie 93160942</p>	<p>Bean Casserole 93130977</p>
	<p>Paprika Potato Wedges (no oil) 93130895</p>	<p>Bean Rice 93159957</p>	<p>Cajun Potato Wedges (no oil) 93157065</p>	<p>Potato and Onion Hash 93147111</p>	<p>Chips (oil) 93124814</p>
	<p>BBQ Beans 93129227</p>	<p>Chop Chop Salad 93153242</p>	<p>Peas 93065563</p>	<p>Caesar Salad 93129328</p>	<p>Corn Slaw 93153240</p>
LIGHTER CHOICES	<p>Tuna & Roast Baby Corn Salad Pot</p>	<p>Veggie Supreme Pizza with salad</p>	<p>Coronation Chicken Salad Pot</p>	<p>Fajita Bean Salad Pot</p>	<p>Asian Tuna Salad Pot</p>
	<p>Veg Bolognese Pasta (v)</p>	<p>Arrabiata Pasta (v)</p>	<p>Chunky Vegetable Pasta</p>	<p>Beef Lasagne</p>	<p>Herby Tomato Pasta (v)</p>
	<p>Carrot & Banana Slice</p>	<p>Courgette, Apple & Cinnamon Muffin</p>	<p>Strawberry Cheesecake Pot</p>	<p>Shortbread Rounds</p>	<p>Tuti Frutti Mousse Crunch</p>

GLOBAL ADVENTURE WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	<p>MEDITERRANEAN Moroccan Chicken Stew 93154842</p> <p>Spiced Cous Cous 93042973</p> <p>Broccoli 93143358</p>	<p>BRITISH Creamy Chicken and Mushroom Pot 93147109</p> <p>Creamed Potato 93095567</p>	<p>BRITISH Roast Pork 93098927</p> <p>Roast Potatoes (oil) 93035127</p> <p>Seasonal Cabbage 93143359</p> <p>Carrots 93065561</p> <p>Gravy 93034775</p>	<p>BRITISH Pork Sausage, Mashed Potato and Red Onion Gravy 93108722</p> <p>Peas 93065563</p> <p>Gravy 93034775</p>	<p>BRITISH Fisherman's Pie *** 93160249 (oily fish)</p> <p>Peas 93065563</p>
HIGH STREET FAVES	<p>DEEP SOUTH DINER Texas BBQ Chicken 93131191</p>	<p>WINGS & THINGS Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941</p>	<p>DEEP SOUTH DINER Marinated Chicken Wrap 93131218</p>	<p>WINGS & THINGS Spanish Beef Hash 93162892</p>	<p>DEEP SOUTH DINER BBQ Pork 93080520</p>
	<p>Bean Pot 93159955</p>	<p>Cauliflower and Creamed Corn Bake 93130867</p>	<p>Sweet Potato & Chickpea Roast 93154945</p>	<p>Vegetarian Sausage 93162333</p>	<p>Sweet Potato & Black Bean Enchilada 93129220</p>
	<p>Spiced Cous Cous 93042973</p>	<p>Bean Rice 93159957</p>	<p>Chop Chop Salad 93153242</p>	<p>Sultana & Mint Cous Cous 93151348</p>	<p>Cajun Potato Wedges (no oil) 93157065</p>
	<p>Red Slaw 93130896</p>	<p>Southern Greens 93154278</p>	<p>Peas 93065563</p>	<p>Corn on the Cob 93130897</p>	<p>American Style Slaw 93101975</p>
LIGHTER CHOICES	<p>Beetroot & Spring Onion Salad Pot</p>	<p>Coronation Quorn Salad Pot 93130930</p>	<p>Shredded Ranch Chicken Salad Pot</p>	<p>Ham Hock, Honey & Mustard Salad Pot</p>	<p>Tuna Nicoise Salad Pot</p>
	<p>Arrabiata Pasta (v)</p>	<p>Herby Tomato Pasta (v)</p>	<p>BBQ Chicken Pasta*</p>	<p>Broccoli Pesto Pasta</p>	<p>Italian Chicken Pasta</p>
	<p>Peach Slice</p>	<p>Banana Cocoa Crumble served with Custard</p>	<p>Berry & Jelly Chill</p>	<p>Pear Upside Down Cake Served with Custard</p>	<p>Apple and Carrot Slice</p>

GLOBAL ADVENTURE WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	<p style="text-align: center;">INDIAN Chickpea and Tomato Masala 93153187</p> <p style="text-align: center;">Naan Bread 93034973</p> <p style="text-align: center;">Cucumber Raita 93142255</p>	<p style="text-align: center;">BRITISH Beef Cobbler 93089366</p> <p style="text-align: center;">Creamed Potato 93095567</p> <p style="text-align: center;">Peas 93065563</p>	<p style="text-align: center;">BRITISH Honey Roast Gammon 93089367</p> <p style="text-align: center;">Roast Potatoes (oil) 93035127</p> <p style="text-align: center;">Seasonal Cabbage 93143359</p> <p style="text-align: center;">Carrots 93065561</p> <p style="text-align: center;">Gravy 93034775</p>	<p style="text-align: center;">BRITISH Honey and Mustard Chicken 93097791</p> <p style="text-align: center;">Rice 93135592</p> <p style="text-align: center;">Green Beans 93153275</p>	<p style="text-align: center;">BRITISH Home-made Battered Fish Fillet 93105116</p> <p style="text-align: center;">Chips (oil) 93124814</p> <p style="text-align: center;">Baked Beans 93036011 OR Peas 93065563</p>
HIGH STREET FAVES	<p style="text-align: center;">DEEP SOUTH DINER Beef Chilli 93129204</p>	<p style="text-align: center;">WINGS & THINGS Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941</p>	<p style="text-align: center;">DEEP SOUTH DINER Quorn Cheese Burger 93153364</p>	<p style="text-align: center;">WINGS & THINGS Chicken Caesar Burger 93159952</p>	<p style="text-align: center;">DEEP SOUTH DINER Cajun Pulled Pork & Bean Pitta 93147141</p>
	<p style="text-align: center;">Smoked Houmous and Vegetable Wrap 93159974</p>	<p style="text-align: center;">Veg & Bean Quesadilla 93086623</p>	<p style="text-align: center;">Loaded Triple Mac 'N' Cheese 93129233</p>	<p style="text-align: center;">Bean and Vegetable Chilli 93127708</p>	<p style="text-align: center;">Feta and Chickpea Cake with Salsa 93086621</p>
	<p style="text-align: center;">Lemon and Herb Piri Rice 93159956</p>	<p style="text-align: center;">Pasta Salad * 93122369</p>	<p style="text-align: center;">Baked Garlic & Herb Potato Wedges (no oil) 93157067</p>	<p style="text-align: center;">Paprika Potato Wedges (no oil) 93157066</p>	<p style="text-align: center;">Chips (oil) 93124814</p>
	<p style="text-align: center;">Corn on the Cob 93130897</p>	<p style="text-align: center;">House Slaw 93129626</p>	<p style="text-align: center;">BBQ Beans 93129227</p>	<p style="text-align: center;">Chop Chop Salad 93153242</p>	<p style="text-align: center;">Pineapple Coleslaw 93154276</p>
LIGHTER CHOICES	<p style="text-align: center;">Tuna & Roast Baby Corn Salad Pot</p>	<p style="text-align: center;">Veggie Hot One Pizza (v) with salad</p>	<p style="text-align: center;">Coronation Chicken Salad Pot</p>	<p style="text-align: center;">Fajita Bean Salad Pot</p>	<p style="text-align: center;">Asian Tuna Salad Pot</p>
	<p style="text-align: center;">Cheesy Penne Pasta (v)</p>	<p style="text-align: center;">Chicken And Tomato Pasta Bake</p>	<p style="text-align: center;">Herby Tomato Pasta (v)</p>	<p style="text-align: center;">Carbonara Pasta</p>	<p style="text-align: center;">Beef Lasagne</p>
	<p style="text-align: center;">Carrot & Banana Slice</p>	<p style="text-align: center;">Courgette, Apple & Cinnamon Muffin</p>	<p style="text-align: center;">Strawberry Cheesecake Pot</p>	<p style="text-align: center;">Shortbread Rounds</p>	<p style="text-align: center;">Tuti Frutti Mousse Crunch</p>

GLOBAL ADVENTURE WEEK 4

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	<p>MEDITERRANEAN Moroccan Style Chicken Stew 93154842</p> <p>Spiced Cous Cous 93042973</p> <p>Broccoli 93143358</p>	<p>BRITISH Creamy Chicken and Mushroom Pot 93147109</p> <p>Creamed Potato 93095567</p>	<p>BRITISH Roast Pork 93098927</p> <p>Roast Potatoes (oil) 93035127</p> <p>Seasonal Cabbage 93143359</p> <p>Carrots 93065561</p> <p>Gravy 93034775</p>	<p>BRITISH Pork Sausage, Mashed Potato and Red Onion Gravy 93108722</p> <p>Peas 93065563</p> <p>Gravy 93034775</p>	<p>BRITISH Fisherman's Pie *** 93160249 (oily fish)</p> <p>Peas 93065563</p>
HIGH STREET FAVES	<p>DEEP SOUTH DINER Texas BBQ Chicken 93131191</p>	<p>WINGS & THINGS Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941</p>	<p>DEEP SOUTH DINER Marinated Chicken Wrap 93131218</p>	<p>WINGS & THINGS Spanish Beef Hash 93162892</p>	<p>DEEP SOUTH DINER BBQ Pork 93080520</p>
	<p>Bean Pot 93159955</p>	<p>Cauliflower and Creamed Corn Bake 93130867</p>	<p>Sweet Potato & Chickpea Roast 93154945</p>	<p>Vegetarian Sausage 93162333</p>	<p>Sweet Potato & Black Bean Enchilada 93129220</p>
	<p>Spiced Cous Cous 93042973</p>	<p>Bean Rice 93159957</p>	<p>Chop Chop Salad 93153242</p>	<p>Sultana & Mint Cous Cous 93151348</p>	<p>Cajun Potato Wedges (no oil) 93157065</p>
	<p>Red Slaw 93130896</p>	<p>Southern Greens 93154278</p>	<p>Peas 93065563</p>	<p>Corn on the Cob 93130897</p>	<p>American Style Slaw 93101975</p>
LIGHTER CHOICES	<p>Beetroot & Spring Onion Salad Pot</p>	<p>Coronation Quorn Salad Pot</p>	<p>Shredded Ranch Chicken Salad Pot</p>	<p>Ham Hock, Honey & Mustard Salad Pot</p>	<p>Tuna Nicoise Salad Pot</p>
	<p>Arrabiata Pasta (v)</p>	<p>Herby Tomato Pasta (v)</p>	<p>BBQ Chicken Pasta*</p>	<p>Broccoli Pesto Pasta</p>	<p>Italian Chicken Pasta</p>
	<p>Peach Slice</p>	<p>Banana Cocoa Crumble served with Custard</p>	<p>Berry & Jelly Chill</p>	<p>Pear Upside Down Cake Served with Custard</p>	<p>Apple and Carrot Slice</p>